

## **Catering Rider mollust**

The mollust backstage is a **non-smoking** area. Please provide a **mirror** in our dressing room.

### **Beverages:**

For stage and directly in front of the show we're happy about:

- Water without gas in room temperature

We especially enjoy drinking:

- Orange juice
- Water with medium gas
- Tea (herbs and fruits, fresh ginger would also be great)
- coffee (and much milk, partially plant based)
- A bit coke/limonade
- 3-4 bottles of beer
- 1-2 bottles of beer-mix-drinks

### **food:**

2 vegan, 4 vegetarians, 6 omnivores, please provide organic food if possible. Complete vegan/vegetarian catering is fine as well.

Lunch: whole grain bread/seeded rolls with spread, salad, fruits

Snacks (all day): chocolate and chips

Dinner: 1 warm meal before the show

After the show: reduced selection of food provided for lunch and dinner

### **accomodation:**

One of us suffers from a house dust mite allergy. Therefore it would be great to get at least one possibility to sleep in a bed with synthetic pillows and blankets, no feather pillows please.